



Lunch Menu

Food for Thought

Tishrei / Cheshvan 5785

November 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Waffles Yogurt Cucumber Sticks Apple Sauce Chocolate Milk ROSH CHODESH
4 Macaroni & Cheese Cottage Cheese Salad Peaches	5 BBQ Chicken Rice Mixed Vegetables Pineapple	6 Bagels Cream Cheese Egg Salad Mushroom Barley Soup Tomatoes & Red Pepper Pears	7 Mexican Rice Bowl: Taco Meat & Rice Chickpeas, Olives, Tomatoes, Cucumbers, Tortilla Chips, Salsa Mixed Fruit	8 Cheese Pretzels Hard Boiled Eggs Red Pepper & Celery Sticks Apple Sauce
11 VETERANS DAY NO SESSIONS PROFESSIONAL DEVELOPMENT DAY	12 Sweet Sour Meatballs Rice Mixed Vegetables Pineapple	13 Pizza Vegetable Bean Soup Tossed Salad Pears	14 Chicken Nuggets Fries Green Beans Mixed Fruit	15 Pancakes Yogurt Red Pepper Sticks Apple Sauce
18 Penne Alla Vodka Cottage Cheese Green Salad Peaches	19 Breaded Chicken Baked Beans Yellow Rice Pineapple	20 Grilled Cheese Tomato Rice Soup Corn Kernels Pears	21 Beef Burger on Bun Spicy Fries Tomato Slices Mixed Fruit	22 Cheese & Potato Borekas Hard Boiled Eggs Cucumber Slices Apple Sauce
25 Baked Ziti Cottage Cheese Salad Peaches	26 Franks n' Blanks Baked Beans Tossed Salad Pineapple	27 Bagels Scrambled Eggs Tuna Salad Split Pea Soup Baby Carrots Pears	28 THANKSGIVING BREAK NO SESSIONS	29 THANKSGIVING BREAK NO SESSIONS

**Available
Daily**

*Plain Pasta
*Jelly Sandwiches
*Hard Boiled Eggs

1% & SKIM MILK SERVED ON MONDAY / WEDNESDAY / FRIDAY

100% FRUIT JUICE SERVED ON TUESDAY / THURSDAY